

HOW LONG DO THE SEALANTS LAST?

They can last for many years and they are checked at each check-up visit. They can wear over time and they can be added to or replaced if necessary.

DO CHILDREN STILL HAVE TO BRUSH THEIR TEETH?

Yes.

It is still important that teeth are brushed twice a day with fluoride toothpaste as sealants only protect the biting surface and the other surfaces are still at risk of decay. The sealed surfaces are easier to clean when tooth brushing.

**For more information,
contact our Dental Services
Receptionist during our
business hours:**

Monday to Thursday
7:00 AM - 12:00 PM
1:00 PM - 4:00 PM

Friday
7:00 AM - 11:30 AM
1:00 PM - 3:30 PM



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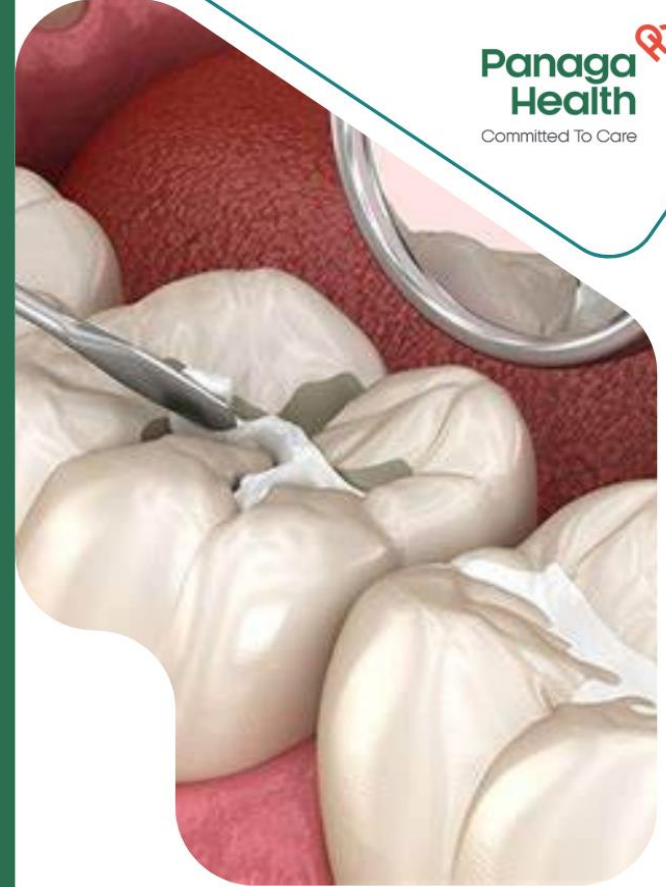
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Pit and Fissure Sealants

WHAT ARE PIT & FISSURE SEALANTS?

Sealants are thin, protective coatings placed on the chewing surfaces of back teeth (molars). These surfaces have tiny grooves—called pits and fissures—that can trap food and bacteria, leading to cavities.

BENEFITS OF SEALANTS

- **Protection from Cavities:** Sealants block out food and plaque.
- **Quick & Easy:** Painless and can be done in minutes!
- **Perfect for Kids:** Best applied when molars first come in, usually between ages 6 to 14.
- **Cost-effective:** Helps avoid the need for fillings later.
- **Beautiful smile:** Protecting your child's smile.



BEFORE



AFTER

STEPS FOR PIT & FISSURE SEALANT APPLICATION

How It Works:

- **Clean:** Tooth is cleaned and dried.
- **Apply:** Sealant is painted onto the tooth surface.
- **Harden:** A special light hardens the sealant.



1 Tooth without sealant



2 Tooth cleansed and dried



3 Liquid sealant is applied



4 Curing light hardens sealant



5 Final sealant result



TOOTH DECAY PREVENTION

Prevent permanent tooth decay in children with pit and fissure sealants.

Dental caries occur most commonly in the pits and fissure of molar tooth as these are often difficult to clean.

